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Medical Article



New Information On Carpal Tunnel Syndrome

It has always been known that men seem to be much less affected by carpal tunnel syndrome than women. This, of course, is based on visits to the office and observation of a number of patients with the condition that a physician would see in the office over a specified period of time.

In a study of over 700 patients, researchers found that the distribution of men and women was approximately the same in the group but men complained of less discomfort and had better function in their hands than women. When electrical studies were assessed, men actually had more severe impairment of nerve function than women.

The conclusion is that men may be ignoring pain caused by carpal tunnel syndrome more than women, which would explain why more women report suffering from the condition than men.



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Please consult Dr. Haverbush or a physician for specific treatment recommendations.

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